

Year 2 NSPCC Pants lesson

Dear Parents/carers

This half term an NSPCC lesson will be delivered to all year two children in school as part of the statutory 'Health and Relationships Education' programme. The purpose of the lesson is outlined below:

- To teach children that some parts of our bodies are private.
- To teach children the difference between appropriate and inappropriate touch and help them understand that they have the right to say "NO" to unwanted touch even to a family member or someone they know or love.
- To help children recognise who they can trust and who they can talk to when they need help.
- To teach children the correct names for private body parts.

The children will learn the PANTS acrostic to help them remember rules to keep them safe:

P—Privates are private

A—Always remember your body belongs to you

N—No means no

T—Talk about secrets that upset you

S—Speak up, someone can help

The NSPCC Pants lesson is designed carefully and thoughtfully to support children in learning about sensitive issues. The lesson will be delivered by the class teacher and your child will have the opportunity to ask questions in a confidential and safe way.

If you require any further support or information regarding our health and relationships education in school please do not hesitate in contacting us.