

READY, RESPECTFUL, SAFE

<u>Welcome</u>

Welcome to "Prayers for Home" - we hope that you will enjoy praying with your children at home as much as we do within our school community.

We believe that prayer is a shared experience, a conversation with God, and that we all have our own way of talking and listening to God.

We believe that traditional prayers that are said regularly in our school and parish community are important to pass on to our children.

Please help your child to become familiar with them and enjoy the experience of praying together.

The Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit Amen.

Actions to share with your child: With their right hand, touch forehead—In the name of the Father, (touch heart) and of the Son (touch left shoulder) and of the Holy (touch right shoulder) Spirit (join your hands) Amen.

Morning Prayer

Oh my God I love you You're with me night and day I want to love you always In all I do and say. I'll try to please you Father Bless me through the day, Amen.

Night Prayer

God our Father, I come to say Thank you for your love today. Thank you for my family and all the friends you give to me. Guard me in the dark of night and in the morning send your light. Amen.

Prayer before meals

Bless us O God as we sit together. Bless the food we eat today. Bless the hands that made the food. Bless us O God. Amen.

<u>The Our Father</u>

Our Father, who art in heaven, hallowed be thy name, they kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us and lead us not into temptation but deliver us from evil. Amen.

<u>Hail Mary</u>

Hail Mary, full of grace, the Lord is with thee. Blessed are thou amongst women, and blessed is the fruit of thy womb, Jesus. Holy Mary, mother of God, pray for us sinners, now and at the hour of our death. Amen.

Spontaneous Prayers

In addition to the traditional prayers that we say in school, we use everyday situations to 'talk to God'.

During the day, we often encourage children to say thank you to God. For example, thank you God for my family and friends. At the end of the day, we reflect back over the day and thank God for all that has taken place.

We hope you enjoy the experience of praying with your child.