

## Websites

### Childline

[www.childline.org.uk](http://www.childline.org.uk)



### Childnet

[www.childnet.com](http://www.childnet.com)



### CEOP

[www.childline.org.uk](http://www.childline.org.uk)



### Internet Matters

[www.internetmatters.org](http://www.internetmatters.org)



## Worried? Need to Report?

1. Report to your Social Network Service
2. Contact School
3. NSPCC
4. CEOP (Grooming)
5. Internet Watch Foundation (Illegal Content)



## Top tips for Parents

- 1) Talk to your child, early and often
- 2) Explore online together
- 3) Know who your child is talking to online
- 4) Set rules and boundaries
- 5) Make sure content is age appropriate
- 6) Use parental controls to filter, restrict, monitor and report content
- 7) Check they know how to use privacy settings and reporting tools.



## Parents Online Safety

A guide to support you in keeping your child safe on the Internet.



Scan this QR Code to access our website for extra, up to date, information about staying safe online.



The Internet hosts many exciting opportunities for education. There are so many opportunities to learn and be creative. However, just like the real world there are risks and dangers that we need to be aware of to enable us, as parents, to protect our children. As a parent/carer you play a significant role in keeping your child safe online.



## Social Media

Nearly all social media accounts have an age rating of 13. Most of the issues we deal with regarding staying safe online relate to social media. If your child has an account, it is essential they have the privacy settings enabled.



### Dangers to be aware of:

- Cyberbullying
- Online Grooming
- Addictive tendencies
- Mental wellbeing due to negative body image.
- Sexting

## Gaming

Computer games are age rated according to their content.

Studies have proven that there is a strong link between playing violent video games and aggressive behaviour.

Moreover, a lot of the games our children are playing are online so they can be playing with/against strangers.



### Dangers to be aware of:

- The negative influence of violent or graphic games
- Grooming through playing with strangers online
- Addiction and sleep deprivation