



# Primary School Lunch Menu

SEPTEMBER - FEBRUARY

(Menu Option 1wnh)

| Week 1  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|--|---|
| <b>Main Course</b>  | Margherita Pizza Slice (v)<br>Sweet Potato Fries (vg)                             | Classic Penne Pasta Carbonara<br>Garlic Bread (v)                              | Oven Baked Sausage Roll<br>Chopped Mixed Salad (vg)<br>Baked Beans (vg)                  | Crispy Chicken Burger<br>Seasoned Wedges (vg)                            | Golden Breaded Fish Star<br>Chips (vg)              |
| <b>Main Course</b>  | Oven Baked Quesadilla(v)<br>Sweet Potato Fries (vg)                               | Sizzling Sausage (v)<br>Mashed Potato (v)                                      | Golden Cheese & Potato Roll (v)<br>Chopped Mixed Salad (vg)<br>Baked Beans (vg)          | Mighty Quorn Cheeseburger (v)<br>Seasoned Wedges (vg)                    | Classic Spanish Omelette (v)<br>Chips (vg)          |
| <b>Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options</b> |   |  |  |  |   |
| <b>Dessert</b><br>Fresh Fruit (vg),<br>Yoghurt (v), Cheese<br>& Biscuits (v)  | Chocolate Muffin (v)  | Vanilla Melting Moment<br>Cookie (v)   | Fruity Flapjack<br>with Custard (v)  | Frozen Yoghurt (v)   | Steamed Syrup Sponge<br>with Custard (v)            |
| Week 2  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
| <b>Main Course</b>  | Margherita Pizza Slice(v)<br>Seasoned Wedges (vg)                                 | Hot Roast Turkey Stottie<br>with Stuffing (v)<br>Skin on Roast Potatoes (vg)   | Hearty Beef Bolognaise with<br>Spaghetti, Focaccia Bread (v)<br>Chopped Mixed Salad (vg) | Sizzling Sausage<br>Yorkshire Pudding<br>Mashed Potato (v)               | Golden Fish Fingers or<br>Salmon Bites<br>Chip (vg) |
| <b>Main Course</b>  | Penne Pasta with Homemade<br>Tomato & Basil Sauce (v)<br>Crusty Bread (v)         | Hot Roast Quorn Stottie(v)<br>with Stuffing (v)<br>Skin on Roast Potatoes (vg) | Hearty Bolognaise with Spaghetti (v)<br>Focaccia Bread (v)<br>Chopped Mixed Salad (vg)   | Sizzling Quorn Sausage Yorkshire<br>Pudding (v)<br>Mashed Potato (v)     | Crunchy Rainbow Fingers (v)<br>Chips (vg)           |
| <b>Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options</b> |   |  |  |  |   |
| <b>Dessert</b><br>Fresh Fruit (vg),<br>Yoghurt (v), Cheese<br>& Biscuits (v)  | Marble Muffin (v)   | Mandarins in Jelly<br>with Creamy Topping (v)                                  | Fruity Oat Cookie (v)  | Banana Cake<br>with Custard (v)  | Rock Cake<br>Jammie Dodger (v)                      |
| Week 3  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
| <b>Main Course</b>  | Margherita Pizza Slice (v)<br>Chopped Salad (vg)<br>Cucumber & Carrot Sticks (vg) | Classic Mild Chicken<br>Korma Curry, Naan Bread (v)<br>Steamed Mixed Rice (vg) | Hearty Minced Beef and<br>Dumpling<br>Mashed Potato (v)                                  | Golden Roast Chicken with Sage<br>& Onion Stuffing<br>Roast Potatoes (v) | Crispy Battered Fish Fillet<br>Chips (vg)           |
| <b>Main Course</b>  | Crunchy Dippers (v)<br>Chopped Salad (vg)<br>Cucumber & Carrot Sticks (vg)        | Golden Cheese & Bean Melt (v)<br>Roast Potatoes (v)                            | Classic Pasta Pomodoro (v)<br>Garlic Dough Ball (v)                                      | Golden Quorn Fillet with Stuffing (v)<br>Roast Potatoes (v)              | Crispy Quorn Nuggets (vg)<br>Chips (vg)             |
| <b>Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options</b> |   |  |  |  |   |
| <b>Dessert</b><br>Fresh Fruit (vg),<br>Yoghurt (v), Cheese<br>& Biscuits (v)  | Chocolate Brownie (v)   | Orange Sponge<br>with Chocolate Custard (v)                                    | Lemon Muffin (v)   | Ice Cream with<br>Shortbread Finger (v)                                  | Mixed Fruit Cookie (v)                              |

| Week 1     | Week 2     | Week 3     |
|------------|------------|------------|
| 2 Sept 24  | 9 Sept 24  | 16 Sept 24 |
| 23 Sept 24 | 30 Sept 24 | 7 Oct 24   |
| 14 Oct 24  | 21 Oct 24  | 4 Nov 24   |
| 11 Nov 24  | 18 Nov 24  | 25 Nov 24  |
| 2 Dec 24   | 9 Dec 24   | 16 Dec 24  |
| 6 Jan 25   | 13 Jan 25  | 20 Jan 25  |
| 27 Jan 25  | 3 Feb 25   | 10 Feb 25  |
| 17 Feb 25  |            |            |

## CHOICE OF DRINKS:

- Fruit juice
- Reduced fat milk
- Chilled water

Menus are subject to availability  
(v)suitable for vegetarians (vg)  
vegan diets

