PRIMARY SCHOOL LUNCH MENU

Newcastle City Council

WEEK 1

Monday
Meat Free MONDAY
Cheese & Tomato Pizza(v)
Chips(vg) • Coleslaw

Quorn Keema Curry (v)
Savoury Rice(vg) • Cauliflower(vg)

Filled Jacket Potato • Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Frozen Flavoured Yoghurt(v)

Tuesday
Beef Lasagne • Garlic Bread(v)
Garden Peas(vg)

Halal Lamb Lasagne
Garlic Bread(v) • Garden Peas(vg)

Lentil & Tomato Soup
or Tomato Soup (vg)
Crusty Bread(v)

Sandwich Selection

Flapjack & Custard(v)

Wednesday
Mince & Dumplings
Creamed Potatoes(v) • Swede(vg)

Halal Mince & Dumplings
Creamed Potatoes(v) • Swede(vg)

Southern Fried Meat Free Dippers (v)
Diced Potatoes(vg) • Sweetcorn(vg)

Filled Jacket Potato, Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Fresh Fruit Salad(vg) • Yoghurt(v)

Thursday
Roast Turkey • Sage & Onion Stuffing(v)
Baby Boiled Potatoes(vg) • Carrots(vg)

Halal Chicken Fillet
Sage & Onion Stuffing(v)
Baby Boiled Potatoes(vg) • Carrots(vg)

Quorn Vegan Fillet (vg)
Sage & Onion Stuffing(v)
Baby Boiled Potatoes(vg) • Carrots(vg)

Sandwich Selection

Iced Shortbread Finger(v)

Friday
Fish Fingers
Oven Roast Potatoes(v)
Beetroot(vg)

Tomato & Mascarpone Pasta (v)
Garden Peas(vg) • Crusty Bread

Filled Jacket Potato • Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Chocolate Cookie

WEEK 2

Monday
Meat Free MONDAY
Pasta Pomodoro(v)
Crusty Bread(v) • Sweetcorn(vg)

Vegetable Fingers (v)
Seasoned Wedges(v) • Garden Peas(vg)

Filled Jacket Potato • Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Ice Cream Tub(v)

Tuesday
Pork Sausages • Yorkshire Pudding(v)
Creamed Potatoes(v) • Carrots(vg)

Halal Chicken Sausages
Yorkshire Pudding(v)
Creamed Potatoes(v) • Carrots(vg)

Chinese Style Vegetable Curry (vg)
Steamed Rice(vg)

Sandwich Selection

Chocolate Sponge &
Chocolate Sauce(v)

Wednesday
Spaghetti Bolognese
Garlic Bread(v) • Broccoli(vg)

Halal Beef Bolognese
Garlic Bread(v) • Broccoli(vg)

Cheese Omelette(v) • Hash Browns(v)
Baked Beans(vg)

Filled Jacket Potato • Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Strawberry Mousse(v)

Thursday
Roast Chicken Fillet
Oven Roast Potatoes(v) • Cabbage(vg)

Halal Chicken Fillet
Oven Roast Potatoes(v) • Cabbage(vg)

Quorn & Vegetable Pie(v)
Oven Roast Potatoes(v)
Green Beans(vg)

Sandwich Selection

Lemon Drizzle Cake(v)

Friday
Battered Fish
Chips(vg)
Spaghetti Hoops(v)

Cheese Tortilla Wedge(v)
Chips(vg) • Coleslaw

Filled Jacket Potato
Choice of Cheese(v),
Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Frozen Flavoured Yoghurt(v)

WEEK 3

Monday
Meat Free MONDAY
Macaroni Cheese(v)
Focaccia Bread(v)
Mixed Vegetables(vg)

Fishless Fingers (v) Diced Potatoes(vg)
Beetroot(vg)

Filled Jacket Potato • Choice of Cheese(v) or Baked Beans (vg) with Salad

Sandwich Selection

Chocolate Brownie(v)

Tuesday
Meatballs in Gravy
Creamed Potatoes(v)
Carrots(vg)

Vege Burger in a Bun (v)
Oven Roast Potatoes(v)
Garden Peas(vg)

Filled Jacket Potato • Choice of Cheese(v)
Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Carrot Cake Muffin(v)

Wednesday
Chicken Jalfrezi • Steamed Rice(vg)
Apple & Cucumber Salad(vg)

Halal Chicken Jalfrezi • Steamed Rice(vg)
Apple & Cucumber Salad(vg)

Pizza Margherita(v)
Potato Wedges(vg) • Mixed Salad(vg)

Filled Jacket Potato • Choice of Cheese(v)
Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Rice Pudding & Peaches(v)

Thursday
Minced Beef Pie • Creamed Potatoes(v)
Cauliflower(vg)

Halal Minced Beef Pie
Creamed Potatoes(v) • Cauliflower(vg)

Pasta Arrabiatta(v)
Garlic Bread(v) • Green Beans

Filled Jacket Potato • Choice of Cheese(v)
Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Fresh Fruit Salad(vg) • Yoghurt(v)

Friday
Fish Goujons
Chips(vg)
Mushy Peas(vg)

Quorn Sausage (v) Chips(vg)
Baked Beans(vg)

Filled Jacket Potato • Choice of Cheese(v), Baked Beans (vg) or Tuna with Salad

Sandwich Selection

Sticky Orange Sponge & Custard(v)

WEEK 1

4 September 23	26 February 24
25 September 23	18 March 24
16 October 23	22 April 24
13 November 23	13 May 24
4 December 23	10 June 24
8 January 24	1 July 24
29 January 24	

WEEK 2

11 September 23	4 March 24
2 October 23	25 March 24
23 October 23	29 April 24
20 November 23	20 May 24
11 December 23	17 June 24
15 January 24	8 July 24
5 February 24	

WEEK 3

18 September 23	11 March 24
9 October 23	15 April 24
6 November 23	6 May 24
27 November 23	3 June 24
18 December 23	24 June 24
22 January 24	15 July 24
12 February 24	

Available Daily:

Choice of:
- Salad bar
- Fresh fruit selection
- Yoghurt
- Cheese and biscuits
- Selection of fresh bread and rolls

Choice of drinks:
- Fruit juice
- Reduced fat milk
- Chilled water

Menus are subject to availability
(V) suitable for Vegetarians or (VG) Vegan diets

SEPTEMBER 2023 – JULY 2024