

Reception Health Education

Dear Parents/carers

This half term your child will learn about germs and hygiene in school as part of the statutory 'Health Education' programme. The lesson focusses on the importance of keeping our hands clean.

The children will learn about germs and how they can make us poorly and can spread to our friends. They will learn the importance of keeping our hands clean to help us stay safe and healthy.

With the help of Soapy Shark, the children will learn the 5 important times when we must all wash our hands:

1. After touching animals
2. After going to the toilet
3. Before we eat food
4. After our hands get messy and dirty
5. After we have coughed or sneezed

If you require any further support or information regarding our health education in school please do not hesitate in contacting us.